



Wellable

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A holistic employee wellness and engagement platform offering customizable challenges, on-demand content, and rewards for physical and mental well-being.

<https://www.wellable.co/>

Overview

Wellable is an all-in-one employee wellness, rewards, and recognition platform designed to help organizations of all sizes build a culture of well-being and engagement. The platform offers a flexible and customizable solution that addresses multiple dimensions of health, including physical, mental, and environmental well-being.

Key capabilities include:

Holistic Wellness Challenges: A library of turnkey and customizable team or individual challenges to promote sustained healthy habits, including step challenges and mental health activities.

On-Demand Content: Access to over 1,000 streaming fitness, meditation, sleep, and nutrition classes from top instructors.

Personal Wellness Assessment (PWA): A proprietary assessment that asks about an employee's lifestyle across seven dimensions of health, providing tailored educational content and feedback.

Rewards & Recognition: A flexible rewards system, including an integrated Rewards Wallet for global gift card options and automated recognition for milestones and contributions.

Data & Analytics: Simple and relevant analytics for employers to measure program impact, track performance, and optimize wellness programming.

The platform is delivered via a mobile-friendly web application and native mobile apps (iOS and Android), ensuring high accessibility. It supports seamless integration with all major consumer wellness apps and wearable devices. Wellable is a B2B solution for HR and benefits leaders seeking a streamlined way to drive employee engagement, improve productivity, and strengthen organizational culture without managing multiple vendors. The standard implementation time is four weeks, and the company offers dedicated customer success management and 24/7 support.

Key Features

- Holistic Wellness Challenges (Team/Individual)
- On-Demand Fitness & Mindfulness Classes
- Personal Wellness Assessment (PWA)
- Rewards & Recognition Management
- Direct Wearable & App Integrations
- Analytics & Reporting Dashboard
- Single Sign-On (SSO)
- Health Coaching & Wellness Services

Pricing

Model: subscription

Subscription plans start at \$1.00/user/month (annual plan) with pricing based on the number of users and required add-ons. Options include annual subscriptions, single challenges, and one-time wellness services. A minimum commitment of 25 users is required for subscriptions.

Starting at: USD \$1

Target Company Size: small, medium, enterprise

Integrations

Fitbit, Apple Health, Garmin, Samsung Health, Okta (for SSO), Azure (for SSO)

Compliance & Certifications

GDPR, CCPA

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