



Upheal

AI-powered documentation and analytics platform for mental health professionals, generating HIPAA-compliant progress notes and treatment plans.

<https://www.upheal.io>

Overview

Upheal is a secure, AI-powered medical scribing platform designed to significantly reduce the administrative burden on mental health professionals, including therapists, psychiatrists, and coaches. It captures client conversations during virtual sessions (via its own HIPAA-compliant video calls, Zoom, or a Chrome extension for other platforms), in-person sessions (via the iOS Recorder app), or from manual audio/video uploads, automatically generating structured clinical documentation.

Key Features & Capabilities:

AI-Generated Progress Notes: Supports multiple note types including SOAP, DAP, BIRP, GIRP, PIE, EMDR, and psychiatry notes, with multi-language support.

Comprehensive Treatment Plans: Features 'Golden-Thread' documentation that connects notes to evidence-based treatment plans with SMART goals, ensuring insurance-readiness.

Session Analytics: Provides deep insights into client sessions by analyzing patterns, including talking ratio, sentiment, and cadence, which can be useful for clinical supervision and self-reflection.

Compliance Checker: Analyzes notes against leading payer criteria (e.g., Aetna, Optum) to identify gaps in treatment necessity justification for audit readiness.

Practice Management Tools: Includes scheduling, client self-scheduling, and a secure telehealth calling platform.

Compliance and Security: Upheal is built on a strong compliance framework, acting as a HIPAA Business Associate (BAA provided) and adhering to SOC 2 Type II, GDPR, PHIPA, and PIPEDA standards. Security measures include record-level encryption, strict access controls, and the option for users to opt-out of data sharing for AI model training, with all training data being de-identified.

Key Features

- AI-generated progress notes (SOAP, DAP, etc.)
- Comprehensive treatment plans (Golden-Thread, SMART goals)
- Session analytics (talking ratio, sentiment, cadence)
- HIPAA-compliant video calling
- Customizable note templates
- Compliance Checker for audit readiness
- Client self-scheduling and calendar integration

Pricing

Model: freemium

Offers a Free Plan with unlimited notes and video calling. Paid plans start at \$19/month (Starter, billed annually) for all note types and in-person capture. Premium plans for advanced analytics and treatment plans. Group practices and larger organizations have custom session-based or enterprise pricing.

Starting at: USD \$19

Target Company Size: startup, small, medium, enterprise

Integrations

Zoom, Chrome Extension, SimplePractice (via Smart Fill), TherapyNotes (via Smart Fill)

Compliance & Certifications

HIPAA, SOC 2 Type II, GDPR, PHIPA, PIPEDA

This document was generated by IntuitionLabs.ai with the assistance of AI. While we strive for accuracy, please verify critical information independently.