

# MatrixCare MealTracker

Superior nutrition planning, management, and analysis software for post-acute care and senior living facilities, designed to improve resident safety and control food costs.

https://www.matrixcare.com

#### **Overview**

MatrixCare MealTracker is a comprehensive, web-based nutrition management and analysis software solution tailored for healthcare providers, including skilled nursing facilities, senior living communities, and life plan communities. It is designed to streamline dining operations, ensure resident safety, and provide detailed cost control.

### **Key Features and Capabilities**

The software's core value proposition lies in its ability to manage complex dietary requirements while optimizing kitchen operations. Key features include:

**Automated Menu Planning:** Utilizes dietitian-approved, customizable, and seasonal/regional menus. **Smart Selections™:** An advanced feature that combines a resident's clinical needs with their preferences and previous selections to automatically adjust meal options, helping to prevent malnutrition and manage allergies.

**Nutrient Analysis & Database:** Provides detailed nutrient analysis using a robust database, such as the USDA's FoodData Central, and supports over 4,000 scalable recipes.

**Food Production Management:** Generates exact count daily production guides and production reports to reduce food waste and ensure proper portion sizes.

**Cost Control:** Includes tools for cost analysis, inventory management, and a Purchase Order (PO) feature to help manage food costs and vendor orders.

**EHR Integration:** Integrates seamlessly with any EHR (Electronic Health Record) and can directly integrate diet orders from the clinical record via advanced HL7 (ADT) messaging for real-time accuracy and compliance.

**Compliance Support:** Helps facilities meet regulatory requirements, including HIPAA, PDPM (Patient Driven Payment Model), and IDDSI consistency standards for specialized diets.

#### **Target Users and Use Cases**

MealTracker is primarily used by dietary professionals, kitchen staff, and administrators in post-acute and long-term care settings. Primary use cases include:

**Senior Living & Skilled Nursing Dining Management:** Streamlining the entire food service process from menu creation to tray card delivery.

**Therapeutic Diet Compliance:** Ensuring every meal meets a resident's specific medical and nutritional requirements, including allergy and malnutrition risk alerts.

**Food Cost Control & Waste Reduction:** Using data and analytics to optimize inventory, purchasing, and production counts.

**Resident Preference Tracking:** Capturing and incorporating resident preferences and meal ratings to improve satisfaction.

### **Key Features**

- Automated Menu Planning
- Nutrient Analysis & Database
- · Allergen & Malnutrition Alerts
- Smart Selections™ Personalization
- Food Production Reports (Waste Reduction)
- Cost Analysis & Inventory Management
- EHR Integration (HL7/ADT)
- IDDSI Compliance Support

## **Pricing**

Model: enterprise

Pricing is not publicly disclosed. It is based on the specific requirements, facility size, and modules needed. Contact sales for a personalized quote and to request a demo.

**Target Company Size:** medium, enterprise

## **Integrations**

EHR (Electronic Health Record), Clinical Record Systems, Food Vendors

# **Compliance & Certifications**

HIPAA, FDA Compliance, PDPM Compliance

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