



Lumin Sports

All-in-one Athlete Management System (AMS) for performance, medical, strength & conditioning (S&C), and team operations.

<https://luminsports.com>

Overview

Lumin Sports is a comprehensive, SaaS-based Athlete Management System (AMS) that serves as a digital headquarters for athletic performance and operations. Designed for pro-sport teams, colleges, high schools, and high-performance centers, the platform centralizes data, streamlines team communication, and facilitates data-driven decision-making across all departments.

Key Modules and Capabilities:

Strength & Conditioning (S&C) Programmer: Offers free-form and periodized programming, an exercise library with in-app videos, bulk program updates, physical testing modules, and team training tablet mode for weight room efficiency.

Medical Module (EMR): A secure Electronic Medical Records solution for recording injuries and illnesses, uploading prescriptions, prescribing return-to-play processes, and receiving red flag notifications from athlete self-reporting.

Athlete Wellbeing & Load Management: Collects subjective data via the mobile app on RPE (Rate of Perceived Exhaustion), sleep, motivation, soreness, and stress. It integrates with GPS and wearable devices (Oura, Hawkin, etc.) to provide a holistic view of athlete load and recovery.

Team Operations & Communication: Includes a central scheduler/calendar for event management (practices, games, travel) with automatic timezone adjustments, a noticeboard for group announcements, and an instant messaging/chat system to reduce reliance on third-party apps. Lumin Sports is praised for its ease of use and simple mobile app interface, which is crucial for achieving high athlete buy-in and compliance. The platform aims to consolidate multiple systems into one, saving administrative time and minimizing overheads for sporting organizations.

Key Features

- Electronic Medical Records (EMR) Module
- Strength & Conditioning Programmer
- Athlete Wellbeing & Load Management (RPE)
- GPS & Wearable Integrations
- Team Operations & Communication (Chat, Noticeboard)
- Scheduler & Event Management
- Physical Testing Module
- Custom Surveys & Questionnaires

Pricing

Model: subscription

Tiered subscription model with prices in USD: Lite (\$600/year), Core (\$2,000/year - Most Popular), and Pro (\$3,350/year). A separate Lumin Strength S&C programmer is offered to students/emerging coaches for \$350/year.

Starting at: USD \$350

Target Company Size: small, medium, enterprise

Integrations

Bridge, Oura, VALD, Hawkin, GPS Integrations, Sleep Wearable Integrations, Force Integrations

Compliance & Certifications

HIPAA

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