GetMyROM

Mobile application for health professionals to quickly and accurately measure and track patient Range of Motion (ROM) using an iPhone's inclinometer.

https://www.getmyrom.com

Overview

GetMyROM is a specialized mobile application designed for physical therapists, occupational therapists, physicians, chiropractors, athletic trainers, and personal trainers to accurately measure and track a patient's Range of Motion (ROM) using the built-in inclinometer of an iPhone or iPod Touch.

Product Overview & Key Benefits The app is positioned as a modern, more accurate, and cost-effective alternative to traditional tools like the manual goniometer or bubble inclinometer. Clinical studies have demonstrated that the GetMyROM app is both reliable and valid for measuring ROM, with strong positive correlations to digital and standard inclinometers. The core value proposition is to provide precise, objective measurements that can be saved, tracked over time with graphs, and exported for patient records or EMR integration.

Main Features and Capabilities

Precise ROM Measurement: Utilizes the device's inclinometer for accurate joint ROM measurements.
Data Logging & Tracking: Ability to save joint ROM measurements by date and time, track progress with graphs (Pro version), and view a new Range of Motion Log Section.
Data Export: Supports sharing data via email or SMS message and exporting data in CSV format (Excel/Numbers/Google Sheets) for EMR integration. The Pro version enhances this with direct CSV upload/export.
Customizable Measurement: Allows users to select the side of the body, joint (e.g., Shoulder, Hip, Knee), and motion (e.g., Flexion, Extension, Abduction).
Advanced Features (Pro Version): Includes the ability to take measurements in the horizontal plane (e.g., Seated Cervical ROM), Reminders for notifications, and the ability to upload CSV from the basic version.

User Interface: Simple and intuitive interface, with a fresh new user interface and expanded notes section in recent updates.

Target Users and Use Cases The primary users are healthcare professionals focused on musculoskeletal and rehabilitative care. The main use cases include:

Initial ROM Assessment: Quickly establishing baseline ROM for new patients.

Progress Tracking: Monitoring patient improvement over time, especially in physical therapy.

Clinical Research: Used in studies to establish reliability and validity of smartphone applications for ROM assessment.

Calculating Scores: Used to calculate shoulder scores like UCLA and CM scores.

Key Features

- Inclinometry-based ROM measurement

- Track progress with graphs (Pro version)

- Export data to CSV/EMR (Pro version)

- Add notes to ROM measurements

- Simple and intuitive user interface

- Camera-based ROM measurements

- Horizontal plane measurements (Seated Cervical ROM - Pro version)

Pricing

Model: one_time

One-time purchase for the standard app at $1.99 and the Pro version at $5.99. No subscription required.

Starting at: USD $1.99

Target Company Size: startup, small