



Exercise Pro Live

Web-based, HIPAA-compliant software for physical therapists and rehab professionals to create and deliver custom video home exercise programs (HEPs).

<https://www.exerciseprolive.com>

Overview

Exercise Pro Live, developed by BioEx Systems, is a comprehensive, web-based, and **HIPAA-compliant** software solution for health professionals to create and manage home exercise programs (HEPs) for their patients.

Product Overview and Key Benefits

Designed primarily for physical therapists, athletic trainers, chiropractors, and other health professionals, the software streamlines the process of prescribing exercises, enhancing patient engagement, and improving compliance. Key benefits include:

Improved Compliance and Outcomes: Utilizes a patient feedback reporting system where clients report pain and difficulty levels, allowing clinicians to track accountability and adjust treatment.

Professional Branding: Programs are accessed via a secure, branded patient portal, reinforcing the facility's professional image.

Efficiency: The platform is designed for fast creation of custom programs using a simple search engine and established protocols.

Main Features and Capabilities

Extensive Exercise Library: Features over **3700 professional HD videos** covering orthopedics, neurology, fitness, aquatics, and more, with the option to create custom exercises.

Remote Therapeutic Monitoring (RTM): Includes RTM features for initial setup, patient monitoring, and reports at no extra cost, supporting Medicare billing.

Delivery Options: Programs are sent via a web link to the patient's email or text, accessible on any computer, tablet, or smartphone. The system also supports printing paper handouts (with photos or B/W line art) for non-tech-savvy patients.

Mobile Apps: Free dedicated phone apps are available for both patients and clinicians (iOS and Android).

AI Exercise Suggestions: A new feature that provides suggestions of related exercises for an individual exercise or a current home program.

Target Users and Use Cases

Exercise Pro Live is suited for a range of health professionals and institutions, including physicians, physical therapists, athletic trainers, chiropractors, personal trainers, and academic institutions for therapeutic exercise and clinical rotations. Its primary use case is the creation and management of video-based and printable Home Exercise Programs (HEPs) and facilitating Remote Therapeutic Monitoring (RTM).

Key Features

- Home Exercise Program (HEP) Creation
- 3700+ HD Video Exercise Library
- Patient and Clinician Mobile Apps
- Remote Therapeutic Monitoring (RTM)
- Patient Feedback Reporting (Pain/Difficulty)
- Branded Patient Portal
- AI Exercise Suggestions
- Printed Handouts

Pricing

Model: subscription

Tiered subscription based on user count. Starts at \$16.99/month for a single user, with discounted annual rates and introductory pricing available (e.g., \$99/year for the first single-user year). Enterprise solutions and professional association discounts are also offered. No long-term contracts.

Starting at: USD \$16.99

Target Company Size: small, medium, enterprise

Integrations

EMR/EHR Systems, Zoom, Doxy.me

Compliance & Certifications

HIPAA

This document was generated by IntuitionLabs.ai with the assistance of AI. While we strive for accuracy, please verify critical information independently.