



eMoods

A private, user-friendly mood tracker and diary for journaling, graphing, and reporting symptoms related to Bipolar, Depression, and Anxiety.

<https://emoodtracker.com>

Overview

eMoods is a mood tracking and journaling application designed to help individuals manage and monitor symptoms related to mood disorders, including Bipolar I, Bipolar II, Depression, PTSD, and Anxiety Disorders. The software is recommended by psychologists, therapists, and social workers to help patients track their daily highs and lows, sleep patterns, medications, and other symptoms like irritability, weight, and psychotic symptoms.

The app offers two main versions: **eMoods Classic** and **eMoods Insights**. eMoods Classic is a completely OFFLINE mobile application where all data is stored locally on the user's device, prioritizing maximum privacy and control. **eMoods Insights** is a web-based, Software-as-a-Service (SaaS) product that stores data in a secure cloud database, offering more advanced features like custom tracking points, configurable dashboards, and automated data sharing options.

Key capabilities include rich data visualizations and charts to help users identify triggers and patterns over time, which is crucial for relapse prevention. Users can generate and email printable PDF reports to their doctors or therapists before appointments, enhancing the quality of clinical visits. The platform operates on a freemium model, providing a robust 'Always Free Edition' with core features and subscription tiers for enhanced customization and sharing capabilities.

Key Features

- Daily Mood and Symptom Logging
- Medication Adherence Tracking
- Rich Data Visualization and Charts

- Printable and Email PDF Reports for Clinicians
- Weather and Daylight Insights
- Customizable Tracking Points (Paid)
- Secure Local or Cloud Data Storage
- Tracking Reminders and SMS Alerts (Paid)

Pricing

Model: freemium

eMoods offers an 'Always Free Edition' with core tracking, charts, and reports. Paid tiers include 'Enhanced' at \$50/year (or \$5/month) and 'Pro' at \$100/year (or \$10/month), which add custom tracking points, configurable dashboards, and live data sharing.

Starting at: USD \$50

Target Company Size: startup

Integrations

Dropbox, Google Drive, iCloud

Compliance & Certifications

HIPAA

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