



# AthleteMonitoring

Comprehensive, flexible Athlete Management System (AMS) for centralized athlete health, performance, workload, and injury surveillance.

<https://www.athletemonitoring.com>

---

## Overview

---

AthleteMonitoring, a product of FITSTATS Technologies, is a comprehensive, flexible, and budget-friendly Athlete Management System (AMS) designed for elite sport organizations, Olympic committees, universities, and research teams worldwide. The platform streamlines data collection, analysis, and management to optimize performance, reduce injury risk, and improve communication across all levels.

### Key Features and Capabilities:

**Workload Management:** Plan, monitor, and optimize internal and external loads. It integrates data from athlete trackers and monitors metrics like Acute:Chronic Workload Ratio (ACWR), RPE (Rate of Perceived Exertion), GPS, and monotony.

**Injury & Illness Surveillance:** The system is aligned with IOC consensus and supports coding systems like OSIICS and SMDCS for injury and illness tracking. It includes an integrated Electronic Health Record (EHR) system for managing medical records, SOAP notes, and Return-to-Play (RTP) programs.

**Wellness Monitoring:** Athletes can self-report on fatigue, sleep, non-sport stressors, mood, and menstrual cycle to mitigate injury risk and maximize readiness.

**Data Integration:** It centralizes all wellness, performance, health, testing, and training data, supporting seamless integration with numerous wearable devices, sports trackers, and external applications via API.

**Customization:** The platform is highly flexible, supporting multi-team, multi-sport organizations. Users can customize data collection forms, dashboards, apps, questionnaires, alerts, and choose their own metrics. It is available in over 18 languages.

**Communication:** Features include in-app messaging, secure file sharing, and SMS messaging to enhance collaboration between administrators, coaches, medical staff, and athletes.

**Target Users and Use Cases:** AthleteMonitoring is used by national Olympic committees, international sport federations, sports leagues, elite clubs, colleges, universities, and research institutions. Primary use cases include optimizing athlete performance, preventing injuries, conducting sports medicine and epidemiology research, and centralizing all athlete data on a single, secure platform.

## Key Features

---

- Workload Management (ACWR, RPE, GPS)
- Injury/Illness Surveillance (IOC-aligned, EHR, SOAP Notes)
- Wellness Monitoring (Sleep, Stress, Menstrual Cycle)
- Testing & Assessment Tracking
- Customizable Questionnaires & Dashboards
- Mobile App for Athlete Self-Reporting
- Multi-Sport & Multi-Team Management
- Secure Data Management (HIPAA, GDPR, PIPEDA)

## Pricing

---

**Model:** subscription

Subscription-based pricing, typically 'per athlete per month' with volume discounts. A free tier is available. Pricing is customized based on the number of athletes (5 to 50,000) and selected features/add-ons (e.g., SMS, storage, API).

**Target Company Size:** small, medium, enterprise

## Integrations

---

WHOOP, Oura Ring, InBody, VERT, FieldWiz, STATSports, Onform, KINEXON, VALD Dynamo, VALD Smartspeed, VALD Forceframe, Tableau (API), Power BI (API)

## Compliance & Certifications

---

HIPAA, GDPR, PIPEDA

---

*This document was generated by IntuitionLabs.ai with the assistance of AI. While we strive for accuracy, please verify critical information independently.*